

Week

Week 1

# Lunch MENU

School

# Chepstow House School



**MONDAY**

Fruit Break

Tomato, Basil and Mozzarella  
Pizza Wraps

Mixed Dried Fruit

Short Bread Fingers



**Tuesday**

Orange Drizzle Cake Break

Mature Cheddar and Cucumber  
Sandwiches

Fresh Fruit

Yoghurt Pots



**Wednesday**

Fruit Break

Chicken & pepper pastry Rolls  
Or Cheesy Pastry Bake

Fresh Fruit

Victoria Sponge Fingers



**Everyday**

**THURSDAY**



Chocolate Fudge Cake Break

Mediterranean Pasta Salad with Feta  
Or Plain Pasta and Cheese Salad

Mixed Dried Fruit

Yoghurt Pots



**Friday**

Fruit Break

Tuna Mayo Sandwich or  
Carrot Salad Wraps

Fresh Fruit

Chocolate Chip Cookies



## NOTES



We'd love to know what you think, join our Feedback Friday sessions to tell us your thoughts!



*We are award winners!*

Week

Week 2

# Lunch MENU

School

## Chepstow House School



MONDAY

Fruit Break

Turkey, lettuce and Tomato Wrap or  
Houmous and Cucumber wrap

Mixed Dried Fruit

Jam Sponge



Tuesday

Flap jack Break

Roast Chicken and Sweetcorn Sandwich  
or Cream Cheese and Pesto Sandwich

Fresh Fruit

Ginger Bread



Wednesday

Fruit Break

Turkey and Mayo Bagel or  
Mozzerella and Tomato Sandwich

Fresh Fruit

Yogurt Pots



Everyday

THURSDAY



Fruit Cake

Cheese and Pickle Buns or Chicken and  
Coleslaw Buns

Mixed Dried Fruit

Yoghurt Pots



Fruit Break

Fish Finger Sandwich with Tartare  
Sauce or Mixed Crudities with Salsa

Fresh Fruit

Raisin Cookies



### NOTES



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